

Family & Consumer Sciences Course Descriptions

Intro to Human Studies: 1st level course for ALL Family & Consumer Science courses. This course has a variety of fun FACS lessons! Students have several cooking labs and a sewing project. We also learn about relevant teen issues such as applying for jobs, opening a bank account, how to solve conflicts and explore leadership skills.

Nutrition Across the Lifespan: 2nd level course within the Dietetics and Nutrition pathway. This course focuses on human anatomy and physiological systems, nutrition requirements, as well as social, cultural, and other impacts on food preparation and integrity. As well as cooking labs once a week.

Nutrition Science and Dietetics: 3rd level course within the Dietetics and Nutrition pathway. This course focuses on development of a nutrition care plan as part of the overall health care process, use methods for analyzing the nutritional health of a community, and understand the relationship of diet and nutrition to specific diseases. The course emphasizes the role of diet as a contributor to disease and its role in the prevention and treatment of disease. Students will also earn a Tennessee Specific Industry Certification, which results in a college credit after passing the course test. Great way to get a coveted graduation cord!

Lifespan Development: 2nd level course within Human Services Pathway

Students will explore the development stages from conception to the elderly. They will also be able to practice infant care at school and home with a Real Care Baby!

Family Studies: 3rd level course within Human Services Pathway

This course will allow students to learn about different aspects of family life...the ups, the downs, and everything in between. Students will also earn a Tennessee Specific Industry Certification, which results in a college credit after passing the course test. Great way to get a coveted graduation cord!

Interior Design: Students will learn the ins-and-outs of decorating a home! Color schemes, patterns, shapes all matter when making a comfy environment. We will also look at different architectural styles and build a 3D fully decorated model home.

*This will not complete an elective pathway, but is a great class for those who just need an elective!

